



## Light compressive support

Ref. 0576 Neoprene shoulder padding



Ref. 0572 Neoprene thigh support



Ref. 0575 Neoprene wrist support



Ref. 0573 Neoprene knee support

Ref. 0307 Open knee support



Ref. 0306 Open ankle support



Ref. 0571 Neoprene ankle support



## Moderate compressive support

Ref. 0339 Elbow support



Ref. 0334 Knee support



Ref. 0333 Ankle support



## Reinforced compressive support

Ref. 0570 Reinforced neoprene knee support



Ref. 0354 Reinforced knee support

Ref. 0355 Reinforced patellar knee brace



Ref. 0353 Reinforced ankle support



## Dynamic mobilisation

Ref. 0361 Lumbar support belt



Ref. 0340 Strapping wrist band



Ref. 0352 Strapping thumb brace



Ref. 0270 Novelastic knee strap



Ref. 0280 Novelastic ankle strap

Ref. 0330 Strapping ankle brace



## Reinforced mobilisation



Ref. 0350 Wrist immobilisation brace with BOA Fit System

BOA<sup>®</sup>  
THE BOA<sup>®</sup> GUARANTEE



Ref. 0329 Patellar bandage



Ref. 0352 Tennis elbow armband



Ref. 0336 Anti-epicondylitis elbow brace



Ref. 0351 Stabilising ankle brace with BOA Fit System

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Ref. 0679 Knee protector for indoor sports





Ref. 0307

#### Open knee support

**Compressive knit:** improved proprioception.  
**Patellar opening:** aids centring of the kneecap.  
**Indications:** gentle support for fragile or painful joints (mild sprains, etc.).

	S	M	L	XL	XXL
	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45



Ref. 0573

#### Neoprene knee support

**Thermal insulation:** neoprene.  
**Stimulation of proprioception:** elastic knit coating.  
**Indications:** prevention of ligament injuries (sprains). Resumption of activities after a sprain. Weak knee ligaments.

	S	M	L	XL	XXL
	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45



Ref. 0334

#### Knee support

**Compressive knit:** improved proprioception.  
**Comfort zone :** easy centring of the kneecap.  
**Enhanced stretch:** provides greater comfort, avoids excessive thicknesses.  
**Indications:** gentle support for fragile or painful joints (mild sprains, etc.).

	S	M	L	XL	XXL
	32 - 34	35 - 37	38 - 41	42 - 45	46 - 49



Ref. 0570

#### Reinforced knee support

**Thermal insulation:** neoprene.  
**Stimulation of proprioception:** elastic knit coating.  
**Better joint support:** lateral stays.  
**Indications:** prevention of ligament injuries (sprains). Resumption of activities after a sprain. Weak knee ligaments.

	S	M	L	XL	XXL
	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45



Ref. 0354

#### Reinforced knee support

**Properties and specific characteristics of the product:** the elastic knit exerts uniform pressure on the joint and improves proprioception (the joint's sensory perception).  
**Comfort zone** over the kneecap and the crease behind the knee.  
**Flexible side** ensuring good support.  
**Indications:** chronic knee instability (cruciate ligament rupture). Resumption of sporting activities following mild knee sprains and injuries (including surgery).

	S	M	L	XL	XXL
	32 - 34	35 - 37	38 - 41	42 - 45	46 - 49



Ref. 0355

#### Reinforced patellar knee brace

**Properties :** comfort and guiding zone at the kneecap (patellar ring).  
**Comfort zone** at the back of the knee. Flexible side stays ensuring good support.  
**Indications:** patellar tendinitis and cartilage pain in the kneecap.  
Mild sprain of the lateral ligaments of the knee. Resumption of sporting activities following mild knee sprains and injuries.

	S	M	L	XL	XXL
	32 - 34	35 - 37	38 - 41	42 - 45	46 - 49



Ref. 0270

#### Novelistic knee strap

**Properties :** Practical cross-over straps to strengthen the lateral support. Flexible lateral frame for better stability. Comfortable knitted patch at the kneecap and the popliteal.  
**Indications:** Functional treatment of mild to medium knee sprains. Resuming activity after a severe sprain including surgery.

	S	M	L	XL	XXL
	32 - 34	35 - 37	38 - 41	42 - 45	46 - 49



Ref. 0331

#### Open strapping knee brace

**Properties :** Total opening for an easy fitting. Anatomical 3D design. Elastic crossed and adjustable straps for a dynamic and lateral support. Flexible side stays. Aerated popliteal area. Breathable perforated neoprene, with heating effect.  
**Indications:** Functional treatment of mild to medium knee sprains. Resumption of activities. Lateral and cruciate ligament sprain. Chronic instability of the knee.

	S	M	L	XL
	32 - 36	37 - 40	41 - 44	45 - 48



Ref. 0306

#### Open ankle support

**Compressive knit:** improved proprioception.  
**Heel opening:** aids centring of the heel.  
**Indications:** gentle support for fragile or painful joints (mild sprains, etc.).

	S	M	L	XL
	21 - 23	24 - 26	27 - 29	> 29



Ref. 0571

#### Neoprene ankle support

**Thermal insulation:** neoprene.  
**Stimulation of proprioception:** elastic knit coating.  
**Indications:** prevention of ligament injuries (sprains). Resumption of activities after a sprain. Weak ankle ligaments.

	S	M	L	XL
	19 - 20	21 - 22	23 - 24	25 - 27



Ref. 0333

#### Ankle support

**Compressive knit:** improved proprioception.  
**Comfort zone:** easy centring of the malleolus.  
**Enhanced stretch:** provides greater comfort, avoids excessive thicknesses.  
**Indications:** gentle support for fragile or painful joints (mild sprains, etc.).

	S	M	L	XL	XXL
	19 - 21	21 - 23	23 - 25	25 - 27	27 - 30



Ref. 0353

#### Reinforced ankle support

**Properties:** the elastic knit exerts uniform pressure on the joint and improves proprioception (the joint's sensory perception). Comfort zone over the malleolus.  
**Indications:** mild ankle sprains in athletes. Resumption of sporting activities following ankle sprains and injuries (including after surgery).

	S	M	L	XL	XXL
	19 - 21	21 - 23	23 - 25	25 - 27	27 - 30



Ref. 0280

#### Novelistic ankle strap

**Properties :** two-way support straps "in an 8" (for a sprain of the lateral collateral or medial collateral ligament) protecting the flexion-extension. Extra thick sole for more comfort.  
**Indications:** functional treatment of benign and medium lateral collateral or medial collateral ligament sprains. Resuming activity after a medium to a severe sprain.

	S	M	L	XL	XXL
	19 - 21	21 - 23	23 - 25	25 - 27	27 - 30



Ref. 0330

#### Strapping ankle brace

**Perfect support for the ankle:** elastic straps.  
**Evacuation of perspiration:** perforated neoprene.  
**Anatomical fit:** adjustable tab.  
**Indications:** prevention of ligament injuries (sprains). Resumption of activities after a sprain. Weak ankle ligaments.

	S	M	L	XL
	19 - 22	22 - 25	25 - 28	28 - 30



Ref. 0351

#### Stabilising ankle brace with BOA Fit System

**Properties :** rigid side reinforcements to ensure ankle stability.  
**BOA Fit System :** fast and reliable. Slim product that fits easily inside a shoe.  
**Indications:** mild and moderate ankle sprains in athletes. Resumption of sporting activities following ankle sprains and injuries.

	S	M	L
	19 - 22	22 - 26	26 - 30



Ref. 0575

#### Neoprene wrist support

**Reinforced support:** complete cover of the joint.  
**Thermal insulation:** neoprene.  
**Anatomical fit:** elastic knit coating.  
**Indications:** tendonitis and sequel of wrist sprains. Resumption of activities after a sprain.

	One size only	
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Ref. 0356

#### Wrist immobilisation with BOA Fit System

**Properties :** firm support of wrist in correct position (anatomical and comfortable stay).  
**BOA Fit System** for easy, uniform tightening.  
**Optimum comfort:** ventilated fabric, inner foam lining.  
**Indications:** mild wrist sprains (functional treatment). Tendinitis and tendon injuries of the wrist.

	1	2
	13 - 17	17 - 23



Ref. 0572

#### Neoprene thigh support

**Thermal insulation:** neoprene.  
**Indications:** muscle tears in the acute phase or during the physiotherapy phase.  
Muscle pulls. Muscle strains.

	S	M	L	XL
	44 - 48	49 - 53	54 - 58	59 - 63



Ref. 0338

#### Elbow support

**Compressive knit :** improved proprioception.  
**Comfort zone :** easy centring of the elbow.  
**Enhanced stretch :** provides greater comfort, avoids excessive thicknesses.  
**Indications:** mild elbow sprains in athletes. Chronic elbow instability. Resumption of activities following injuries (sprain, surgery). Helps stabilise the elbow. Painful chronic elbow conditions.

	S	M	L	XL
	22 - 24	25 - 27	28 - 30	31 - 33



Ref. 0340

#### Strapping wrist band

**Reinforces the wrist:** strong compression strap.  
**Evaporation of perspiration:** breathable strap.  
**Anatomical fit:** one size only.  
**Indications:** prevention of ligament injuries. Resumption of activities after injury.

	One size only	
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Ref. 0332

#### Strapping thumb brace

**Wrist/thumb support:** elastic straps.  
**Evacuation of perspiration:** perforated neoprene.  
**Anatomical fit:** anatomical shapes.  
**Indications:** prevention of ligament injuries (sprains). Resumption of activity/exercise after sprain. Fragile thumb ligaments.

	S	M	L
	14 - 15,5	16 - 17,5	18 - 20



Ref. 0576

#### Neoprene shoulder padding

**Thermal insulation:** neoprene.  
**Anatomical fit:** elastic knit coating.  
**Indications:** prevention of joint injuries. Resumption of activities following the effects of injury.  
Weakness of the shoulder joints.

	S	M	L
	28 - 31	32 - 35	36 - 40



Ref. 0361

#### Lumbar support belt

**Properties :** slim, lightweight materials (that can be worn next to the skin).  
Fast-drying, antibacterial, ventilated elastic fabric.  
**Indications:** prevention of postures and movements that are painful for the back. Resumption of activities following low back pain or lumbago.

	S	M	L	XL	XXL
	60 - 70	71 - 86	87 - 102	103 - 121	122 - 140



Ref. 0329

#### Patellar bandage

**Comfort:** absorbs vibrations.  
**Support for the kneecap:** silicone.  
**Stimulation of proprioception:** silicone combined with the fabric band.  
**Indications:** absorption of vibrations (prevention of the effects of patellar tendinitis, jumper's knee), femoropatellar syndrome, quadriceps tendinitis.

	One size only	
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Ref. 0352

#### Tennis elbow armband

**Properties :** two silicone inserts with a massage effect provide localised compression and reduce tension on the elbow.  
**Indications:** prevention of tendinitis of the elbow, lateral epicondylitis (tennis elbow) or medial epicondylitis (golfer's elbow).

	1	2
	22 - 30	30 - 38



Ref. 0336

#### Anti-epicondylitis elbow brace

**Modular product:** prevention and acute pain.  
**Evaporation of perspiration:** perforated neoprene.  
**Anatomical fit:** anatomically-shaped cut-outs.  
**Indications:** prevention of tendonitis and tennis elbow. Resumption of sports activities.

	S	M	L	XL
	22 - 24	25 - 27	28 - 30	31 - 33

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**Thuasne Sport stabilisation braces offer different levels of support, tailored to suit the athlete's condition or injury.**

#### Stabilisation 1, 2 and 3: Compressive support

This consists in compressing a joint to stimulate the proprioceptive system. The nervous system is thus instructed to trigger the muscle contractions required to reinforce the joint's stability. There are 3 levels of support in this category (light, moderate and reinforced) depending on the level of joint instability and/or the pain experienced. These braces are particularly suitable for the treatment of mild sprains (stage 1) and for proprioceptive rehabilitation following more severe sprains.

#### Stabilisation 4: Dynamic mobilisation

This consists in protecting and reinforcing a joint, limiting excessive extension by means of elastic strapping. The joint remains fully mobile, but with reduced amplitude. The approach is effective in the case of ligament weakness or injury, particularly when resuming activities following a mild or moderate sprain in order to prevent any recurrences.

#### Stabilisation 5: Reinforced mobilisation

This permits optimum rehabilitation, authorising flexion and extension of the joint while limiting sideways movements thanks to rigid frames or hinged reinforcements. The joint is guided and protected, even in extreme positions. This level of support may be accompanied by an optimum tightening system to make sure the brace fits perfectly. It is mainly recommended in the case of ligament weakness/injury and chronic joint instability. It is also suitable for resuming activities following a moderate sprain or surgery.

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